Meat for Tea: The Valley Review is committed to providing a space in which emerging artists appear between the same covers as very established artists in the hopes of providing a "leg up," so to speak. This journal is not attached to a larger institution and as such is free of the constraints that can shackle publications that are so attached. This allows us to produce a somewhat edgy publication with a punk aesthetic tempered with real virtuosity.

We have published work from many celebrated writers and artists, such as David Yow, Jane Hudson, John Lurie, Dorian Sagan, Jessamyn Smythe, Anne Serling, Richard Kostelanetz, and numerous others. We are honored to have received favorable reviews on NewPages, and thrilled to have been selected as a winner for the Bookbuilders of Boston’s 57th Annual New England Book Show. Meat For Tea is now entering their 10th year of publication in both print and electronic formats.

“Meat For Tea’s eclectic roster of poets, fiction and non-fiction writers, is a tough act to follow in the cyber-age.” - examiner.com

“Meat for Tea is a delicious read, many pieces leaving me contemplating my definitions of genre. Future readers, prepare for surprises, and prepare to re-see what’s possible in poetry, prose, and nonfiction.” - newpages.com

“In the masthead of the literary journal, Meat for Tea, founder and editor Elizabeth MacDuffie is identified as "Impresario," an apt job title. A term from Italian opera for the person who produces extravagant entertainments, the impresario brings the spectacle to the audience, and Meat for Tea is one lit. mag. that offers a range of items to stimulate the intellect in a real "performance" presentation. Poems, fictions (long and flash), splendid artwork all combine on a loose theme issue by issue to form a unified "show."”

- thepotomacjournal.com

“This particular issue of Meat for Tea carries a theme of “Bone.” Visual artists and word-smiths took every possible definition of that single word, and the editors did a good job weaving together a cohesive, enjoyable 91 total pages of work. A sprinkling of images kept the words from running together, sort of like commercials that I was excited to encounter. ...I hope that you choose to find a copy and enjoy it the way I did.” - newpages.com

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